CARROT

Your Carrot Fertility benefit

We've partnered with Carrot Fertility to bring our employees comprehensive, inclusive fertility healthcare and family-forming benefits. Through Carrot, you have access to exclusive resources designed to make fertility care more accessible and affordable to everyone — regardless of age, sex, sexual orientation, gender identity, or location.

Visit **<u>get-carrot.com/signup</u>** to create your account and explore the resources available to you, including the funds we've provided to help pay for your care.

Claim your benefit

Personalized guidance

- A free, personalized step-by-step guide created with your unique needs in mind to support you through your journey
- Unlimited, free virtual visits with fertility health and familyforming experts to navigate your options, costs, and questions
- Expert-produced educational resources, including articles, how-to videos, and more
- At-home support through Carrot's complete telehealth platform, including fertility health and wellness tests, an ovulation tracking bracelet, and more*

Provider network, discounts, and access to funds

- Find a trusted provider with Carrot's network of 950+ clinics and 3,350+ attorneys and agencies across the country
- Receive exclusive discounts and expedited appointments at top clinics and agencies
- Access your Carrot Card®, a flexible, pre-funded card to use for eligible care and services without having to pay out-ofpocket
- Use Carrot Rx®, a pharmacy that offers significant savings on fertility medications with easy online ordering and delivery



Get support with:

- Understanding fertility health
- Preservation (egg, sperm, embryo)
- Assisted reproduction (e.g., in vitro fertilization)
- Adoption
- Gestational surrogacy
- Donor assistance
- Pregnancy
- Menopause/low testosterone (low T)

What's new | 2023 highlights

(🖓) Expanded pregnancy support

Carrot is bringing even more support to people who are pregnant or postpartum. Use funds for eligible doula services, attend 1:1 coaching sessions with pregnancy experts like nutritionists and lactation consultants, and more.

Menopause and low testosterone (low T)

Fertility health doesn't stop at family forming. Carrot offers expert-led group sessions and educational content for people going through menopause and low T so they aren't left to navigate this stage of life on their own.

Employees love Carrot

"[Carrot] made it all so simple and easy. They helped us navigate through the maze of information and options and guided us with confidence, honesty, and respect. We are so grateful to them."



Questions? Visit get-carrot.com/employee-support to connect with your Care Team.